

Cove's Corner

Rocky River
School District
September 2009

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| N O S C H O O L | 1 Teriyaki Chicken over Rice Steamed Fresh Broccoli Pineapple Cup Fortune Cookie | 2 Taco Salad Lettuce, Tomato, Cheese Spanish Rice Broccoli Soup Ranch Chips | 3 B B Q Rib on a Hoagy Bun Veg. Beef Rice Soup Saltines Salad Bar | 4 Chicken Corn Dog Pasta Veggie Salad Mixed Fruit Frozen Juicee Bar |
| 6 Famous Pizza or Turkey Wrap Salad Bar Potato Corn Chowder Saltines | 7 Chicken Pattie on a Wheat Bun Ham & Bean Soup Crackers Diced Pears | 8 Baked Rotini with Meat Sauce Salad Bar Bread Stix Diced Peaches | 9 Chicken Strips Salad Bar Potato Salad Italian Bread Margarine Kiwi | 10 Deli Sub Sandwich Chicken Veg. Noodle Soup Crackers Salad Bar |
| 14 Famous Pizza or Bagel Egg & Cheese Broccoli & Carrot Salad Kiwi | 15 Pirate Burger Lettuce, Tomato Cheese Pasta Veggie Salad Mixed Fruit Cup | 16 Teriyaki Chicken Steamed Rice Fresh Broccoli Pineapple Cup Fortune Cookie | 17 Meatball Sub Sandwich on a Hoagy Bun Veg. Beef Rice Soup Diced Pears | 18 Baked Potato with Broccoli & Cheese Salad Bar Small Pretzel & Mustard |
| 21 Famous Pizza or Chefs Salad Plate w/ Roll Stone Soup Crackers Carrots & Dip | 22 Chicken Fajita Peppers & Onions on a Pita Fold Salad Bar Hot Cinnamon Appleslices | 23 Turkey Fritter on a Wheat Bun Broccoli Soup Wheat Crackers Granny Apple Salad Bar | 24 Taco Salad Lettuce, Tomato, Cheese Spanish Rice Nacho Chips Mixed Fruit | 25 Macaroni & Cheese with Ham Green Beans Salad Bar Wheat Bread Margarine |
| 28 Famous Pizza or Egg & Cheese Roll-up Salad Bar Granny Apple | 29 BBQ Rib on a Hoagy Bun Ham & Bean Soup Wheat Crackers Mixed Fruit Cup | 30 Chicken Pattie on a Wheat Bun Pasta Veggie Salad Diced Peaches Kiwi | STUDENT MEAL \$2.50 Student meal includes a choice of white , strawberry or chocolate milk. | |
| Soup of the Day | | | | |
| Baked Potato Corn | Ham & Bean | Broccoli | Veg. Beef Rice | Chicken Veg. Noodle |
| Salad Bar Feature | | | | |
| Pasta Veg.Salad | Tuna Salad | Hard Boiled Egg | Cottage Cheese | Three Bean Salad |
| Adult Meal \$3.50 no beverage | | | | |